

Before Procedure Instructions

1. Prior to your permanent cosmetic enhancement, think about how you want it to look. As experts in the field, we ensure that the correct color(s) and shape are chosen for you. However, we want you to be a part of the decision-making process.
2. Be prepared for the color, and intensity to be significantly sharper and darker immediately after the procedure. The work from your initial procedure will lose between 30%-60% of the color and intensity as the skin heals.
3. If you are nervous, consider bringing headphones and music. Numbing will be used during the whole procedure.
4. Cosmetic tattooing is not recommended for clients with the following conditions:
 - Pregnant or nursing
 - Botox or dermal fillers in the procedure area within the last 6 months
 - Taken actuate in the past 1.5 years AND your skin has not regulated o Diabetic (Client must bring a signed consent letter from their Doctor)
 - Autoimmune disorders (Client must bring a signed consent letter from their Doctor)
 - Organ transplant (Client must bring a signed consent letter from their Doctor)
 - Chemotherapy in the past year
 - Contagious diseases or viral infections
 - Epileptic as seizures (Client must bring a signed consent letter from their Doctor)
 - Within 5 days of having their eyebrows or hair on forehead waxed
 - Within 14 days of electrolysis or laser hair removal on their forehead
 - Within one month of a Chemical Peel-Skin should not be in process of healing before procedure!
 - Active sunburn or frostbite
 - Current use of products with ingredients such as alpha or beta hydroxyls (Retin-A products). Discontinue use 14 days prior to procedure.
 - Use of blood thinning drugs or blood pressure medications
 - History of keloid or hypertrophic scarring, although not common with this procedure because the procedure does not go as deep as a regular tattoo with a tattoo gun.
 - Allergies to ingredients in topical numbing creams, lidocaine, metals (iron, nickel, etc.) If none of the conditions, procedures, or product use apply to you, then please read the following:
 - Do not drink coffee, or any caffeinated beverages the day of your treatment. Caffeine is a stimulant, and will cause your procedure to be more painful.
 - No Lip Filler/treatments 3 weeks before procedure (or 4 weeks after) (LIP BLUSHING procedure)
 - Do NOT drink any alcohol 24 hours prior to your procedure. In fact, the less alcohol you drink in the days leading up to and for the 7 days after your Microblading procedure, the faster your body will heal.
 - Plan your procedure with your schedule/vacations/events. DO NOT schedule when you have an incoming event that conflicts with healing. You will need 10 days to heal.
 - Do not take aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen during 24 hours before treatment.

- Do not tint your eyebrows one week prior to “brow” treatment. You should not tint your eyebrows or dye your skin for 2 weeks after your procedure.
- Do not tan or sun bathe the week before your appointment. We cannot tattoo on sunburned skin.
- Do not wax the area one week before treatment: Waxing treatments should be performed no less than 5 days prior to your enhancement.
- No chemical peels, microdermabrasion, dermabrasion, mesotherapy, or any other intense treatment, that will cause your skin cells to rejuvenate faster. This will affect the healing of your procedure, and cause them to fade much faster.
- Laser hair removal should be done 2 weeks before your procedure.
- Electrolysis treatments, if on the forehead, should be performed no less than 5 days prior to your enhancement.
- If you have had Botox or dermal filler injections, you must wait one month from the date of your injections to have your procedure.
- Wash your hair the day of your procedure.
- Since we are working with the delicate skin on your face, the area around your procedure may be swollen or red. You are advised not to make social plans on the day of your enhancement if this is something that will bother you.
- No Foundation, or makeup on or around the procedure for 10 days
- Do NOT discontinue any medication before consulting your doctor.
- Do NOT use AHA skincare products close to the enhancement area 2 weeks prior to procedure
- The National Blood Service does not accept donations of blood for 1 year after a permanent cosmetic enhancement.
- **VERY IMPORTANT for Lip Blushing:** If you have a history of cold sores you'll need to start taking an anti-viral prescription (Valacyclovir, Denavir (penciclovir), Valtrex or acyclovir (Zovirax)), at least a week BEFORE your proposed procedure. Cold sore outbreaks are often triggered by stress or trauma to the lips and skin. Therefore if you are a carrier, lip blush will likely cause an outbreak if you do not take an anti-viral medication prior. Your appointment WILL be cancelled if you have had a history of cold sores and do not follow this instruction (with cancellation fees). This is because cold sores will effect the healing/results and can even lead to scarring. So please do not skip this step, you will be happy you didn't and have better results.

I, _____ (print name), acknowledge the above instructions and agree to tell my technician if I am not compliant to any of the items listed above. If I fail to follow instructions and cannot receive my procedure at the time of my appointment, I will not be refunded my deposit.

Client Signature: _____ Date: _____